

## **ANTI-DOPING COMMISSION**

### ***General information and instructions regarding whereabouts information for out-of-competition testing (OCT)***

Up-date: July 2008

*According to WADA's and IOC's (sport)principles it's important for the credibility of a sport that a Sports Federation and its International Federation can be confident that that they have accurate knowledge of all athlete's whereabouts.*

The IOC/WADA principle is that anti-doping testing of athlete's must be possible at any time, anywhere, because athletes may be "clean" in competitions but still use forbidden substances during their trainings and competition programs.

This is the reason that out-of-competition testing (OCT) has been introduced by WADA. OCT is mandatory to all sports in all countries.

In order to be able to test athletes out of competition athletes have the duty under the Anti-Doping Code to provide quarterly (in advance) complete and accurate whereabouts information, preferable by ADAMS. The quarterly information must be submitted at least five (5) days before the start of a quarter, i.e. December 24<sup>th</sup>, March 25<sup>th</sup>, June 25<sup>th</sup> and September 25<sup>th</sup>. A timely update is required, if necessary daily, to ensure 365 days, 24 hour a day, coverage.

The requirement to provide such information and the knowledge that athletes can be tested anytime, anywhere is in itself an effective deterrent to the temptation to take forbidden substances.

If the provided information by the athlete is not accurate and/or complete this can result in unsuccessful testing missions or a missed test. It's important to realize that the athlete is always fully responsible and accountable for the provided information. An unsuccessful testing mission or a missed test due to incorrect or incomplete whereabouts information is an anti-doping rule violation and will and can be sanctioned according to the Anti-Doping Code.

In order to comply with this duty WADA has developed ADAMS. ADAMS means Anti-Doping Administration and Management System. ADAMS is a web based computer system. The IDSF Anti-Doping Commission has developed a Guide that is published on the IDSF web site to assist athletes in using the system. In the near future also the testing administration and TUE's will be handled in ADAMS. Only when absolute necessary for acceptable reasons a standard form, the OCT whereabouts information Form, can be used. The Forms should be issued to the IDSF Anti-Doping Director by email only in order to avoid unnecessary paperwork. The Forms are published on the IDSF website in a word version so each athlete can adjust the Forms as required without changing the template.

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The whereabouts information procedure's mainlines are as follows:

- the athletes normal day to day whereabouts and activities (home, work, school and training information);
- a general monthly schedule by monthly calendar for deviations from the normal daily routine for visiting competitions, lessons, training camps, vacation, etc.

***The whereabouts information rules DO NOT apply to all DanceSport athletes in IDSF or its members.***

Only those athletes included in the IDSF International Testing Pool (ITP) must provide their whereabouts information to IDSF and others through ADAMS. The ITP is established yearly in close cooperation with WADA and published on the IDSF website. Each athlete (couple) will be informed personally. When included in the ITP an athlete will not be withdrawn from it until his/her active carrier is ended. When such an athlete returns to IDSF competitions he/she will be placed again in the ITP and will be tested before he/she can start in a regular competition.

However, please be aware that testing of athletes (both in-competition as well as out-of-competition) is not limited to those athletes placed in the testing pool. All athletes participating in DanceSport competitions under the jurisdiction of IDSF and/or its members can be and will be subject to be tested. All testing will be done taking the No advance Notice principle in account. Also target testing will have priority under the conditions as outlined in the IDSF anti-Doping Code.

Besides the ITP organized by IDSF each National Anti-Doping Organization (NADO) has the duty to establish a National Testing Pool (NTP) for athletes at national level. An athlete included in the ITP can also be included in the NTP. Testing of such athletes will be coordinated via ADAMS to avoid double testing.

***No compliance with the duty to provide correct whereabouts information is a violation of the World Anti-Doping Code (WADC) and the IDSF Anti-Doping Code by the athlete and will be sanctioned according to the Code.***

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